

## **‘Holding space with sound’, by Janneke van der Putten**

Date: June 10

Address: Amsterdamse Bos – Field of Life/Love/Death [\[Map\]](#)

Duration - Workshop 13:30 – 17:30

Break with snacks: 17:30 – 18:00

Public presentation workshop & performance Janneke van der Putten: 18:00 – 19:00

Participation: upon reservation to ([Claudiavandijk@outlook.com](mailto:Claudiavandijk@outlook.com))

No previous singing experience is needed.

Cost: donation for the artist

Language: Dutch or English, translation possible

In the intense moments during the birth process and pregnancy period, sound can be a powerful tool to vibrate and activate, relax and heal ourselves. We will explore how to ‘hold space’: listening with our body, using our intuition and acoustic voice. Relating to project ‘Looking Again’ and the theme of Birth, the workshop will also address how emotions and the human as animal can be expressed with the voice. Through exercises and group performances involving listening, breathing, singing, and walking, we will observe and experiment with tones, vowel variations, and different bodily positions. By generating sound, we will explore how the space reacts and changes the sound, depending from what perspective we listen. The workshop ends with a public presentation. After the public presentation Janneke van der Putten presents her solo performance with her project ‘Aurora’.

### **Links:**

#### **Previous workshops**

<http://jannekevanderputten.nl/tag/workshops/>

#### **Reactions participants previous workshop**

<http://jannekevanderputten.nl/work/reactions-workshop-voice-and-space/>

#### **Website**

[www.jannekevanderputten.nl](http://www.jannekevanderputten.nl)

#### **Social Media**

<https://www.facebook.com/jannekevanderputten.nl/>

#### **Email**

[info@jannekevanderputten.nl](mailto:info@jannekevanderputten.nl)

### **Biography Janneke van der Putten**

Janneke van der Putten (Amsterdam, 1985) is an artist based in Rotterdam, The Netherlands. Her practice involves experiences of listening, performances, sound and video, documentations in image/text/textile, workshops, music projects, and creating platforms for cultural exchange. Her voice is her main tool, guiding her through physical and sonic explorations in different landscapes. Engaging with specific sites and local contexts, and through her personal experiences, she investigates (human) responses to her surroundings, and their relation to natural phenomena and transitions, such as the sunrise.

Van der Putten graduated from TXT (Textile) at the Gerrit Rietveld Academy and completed the Master Artistic Research at the Royal Academy of Art and Royal Conservatoire, The Hague. The project ‘Invisible Architecture’ together with Chrs Galarreta, for which they published a vinyl in 2014, has been presented in South-America and Europe, including at the Museo de Arte Contemporáneo, Lima. Janneke was resident at the Centre international d’art et du paysage, Île de Vassivière, and exhibited with solo show *All Begins With A* at TENT, Rotterdam in 2015. Currently Janneke develops her solo voice project ‘Aurora’, commissioned by the CBK Rotterdam (Centre for Visual Arts Rotterdam).